



# Banyule BUG Newsletter

May  
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### One Off The Bucket List

A recent visit to Canberra allowed me to cross one off my bucket list when after many previous attempts I eventually completed a full circuit of Lake Burley Griffin. Have had occasion to be in Canberra for approx. the past five Easters and each time have tried to find the bicycle track that goes around the Lake. For some reason I would get so far and lose the track. I can now say that I've looked at the lake from both sides now and for some reason it fell into place. Was a bit of an anticlimax though when my computer only said 30K. (official distance 28.1) I had in my head that it would be much more than this. When riding it does seem to go on forever. For me it had a few decent hills, the highest elevation according to a graph I couldn't copy was 586.1 meters consequently it had lots of great downhill runs. My experience was that unless you are familiar with the trail it is not straight forward, I still managed to lose it then find it again in a couple of places. There are two "circuits" according to the signs the Western Circuit and the Eastern it is the western one that contains the hills while the eastern could be described as the scenic route which is mainly flat and takes in the heart of the lake where Parliament house forms the back drop plus other tourist attractions. The western circuit mainly cuts through open fields There has also been much work done on both circuits in the form of bridges and wetlands. After my trip of course, anticlimax or not you have to christen it which I did at Kingston which is right on the lake and has some very nice cafes



As seen in Canberra



Is this a caricature of a politician and Is this why we get to have the wool pulled over our eyes.

**Maureen Fisher**

## **Banyule BUG Profile: Kelvin Chamier by Elaine Rees and Peter Gurney**

When the elder statesman of the Banyule BUG regularly passes you riding uphill and you know he turned 90 (yes, that's ninety) last November you have to say, "That's one very fit nonagenarian!" And, he is such a nice bloke too.

Kelvin joined the Banyule BUG about three years ago having seen the Senior's week promotion and since then has regularly ridden with the Latte Group. Surprisingly, Kelvin's preference is for the longer rides. Those rides to Altona, Carrum, and Williamstown are like a 'walk in the park' for Kelvin. He very much enjoys not only the rides but the social contact that Banyule BUG affords.

Having been a regular bike rider since his younger years when he saved for his first bike by doing a paper round Kelvin has a long interest in bikes and cycling. His first bike was a Kingdom 24" which was immediately taken back to the bike shop by his father and changed to a 28" so that Kelvin would not outgrow it. He has more or less had a bike ever since and has used bikes on and off over the years for transport to work. In his seventies Kelvin began joining his daughter's family on the Great Victorian Bike Ride and found he really enjoyed the days of pedalling.



Over the years he has avoided having a major bike accident and has twice missed crashing into car doors opening in his path.

Kelvin attributes much of his well being and fitness to a number of things; namely maintaining a positive attitude to fitness and life, a good diet devoid of alcohol and being a non-smoker. He takes no medication except, "Half an aspirin when I have a migraine"! He has enjoyed outdoor pursuits most of his life through scouting, bush walking and of course, bike riding.

Schooling was at Westgarth Central School and Preston Tech, then after completing studies in electrical engineering at Footscray Technical College, Kelvin was a cadet with the SEC. Amongst his early SEC assignments was time spent in the high plains installing and checking hydro gauges in various rivers. This involved trekking to distant locations over the hills and dales occasionally by him self. He was fortunate to receive an SEC scholarship to Canada and the UK, and later to the USA where he studied overhead high voltage line and underground cable technology. Kelvin spent 41 years with SEC before working on his and his wife's hobby farm at Lancefield and then as a Design Engineer and Sales Engineer in companies associated with insulation of high voltage electrical cables.

Kelvin and his wife Gwen built their home in Eaglemont in the 1950s when much of Eaglemont was paddocks and the road their house 'was just two wheel ruts' according to Kelvin. They sold their car to buy the materials for the house and Kelvin used to ride over from Preston every weekend and day off to work on the house. They have two children and two grandchildren.

Kelvin's well ridden current bike is a Jamis road bike with butterfly handle bars so that he can lean forward on the hills, and he has a rear view mirror on the right side. The next bike will be an e-bike and Kelvin is researching the best possible option for his abilities. Sometimes after a long ride he finds it a little difficult to lift his leg over the bar when dismounting so a step-through bike is sought. But being an engineer, Kelvin is doing his research thoroughly and has had a number of test rides.

Kelvin's wife Gwen is now in aged care in Alphington and he visits her every day, generally riding 5kms to and

fro but if the weather is grim he will take his car for a spin.

Kelvin Chamier is an inspiration to we 'younger' BBug members, and we hope that we will be riding with him for many years to come.

**Fit, healthy and good looking members of Banyule BUG are perfect models to display the BUG riding tops. (photographed in Darebin Park)**



**From The WEB**

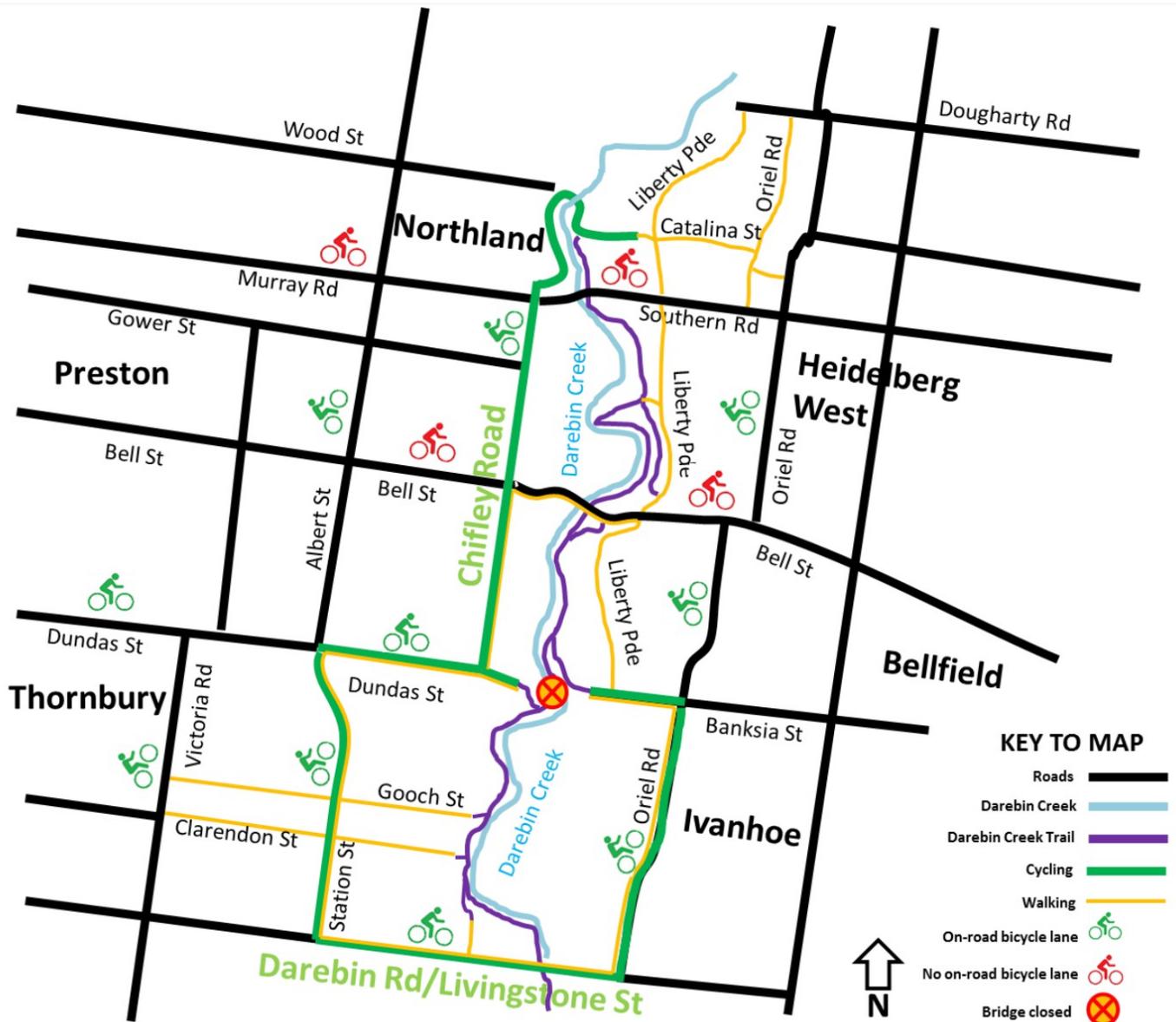
**[“The Conversation”Cars overwhelmingly cause bike collisions, and the law should reflect that.](#)**

**[E-Bike Buyer's Guide: Everything to Know in 2018](#)**

**[The Top 10 Reasons Everyone Should Bike to Work](#)**

**[The bicycles first century](#)**

**Bridge replacement** over the Darebin near Fez's Wetland. The green lines indicate possible alternate routes while the bridgework is in progress. Further information here. [Darebin Creek Trail Closure](#).



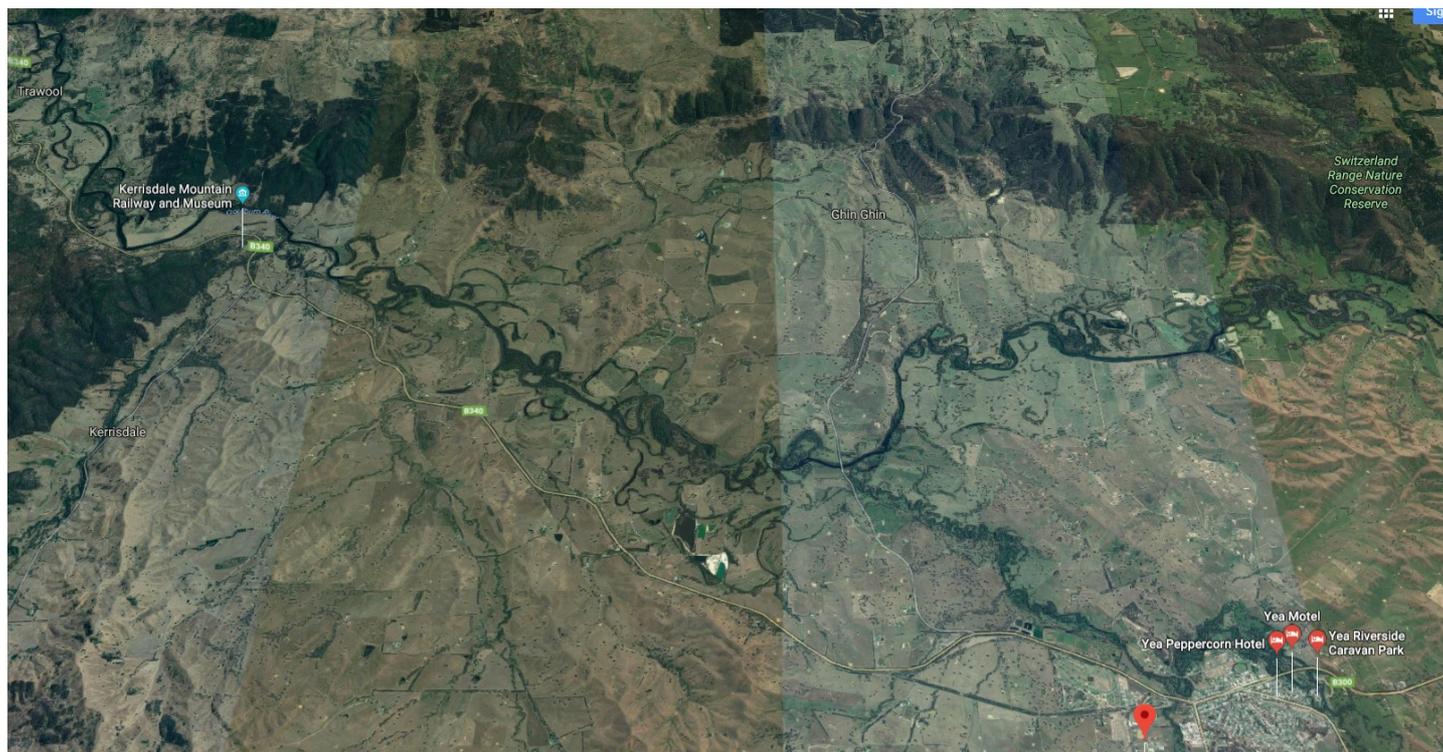
The 'knitting Nannas' have been hard at work beautifying our bike parking.

This is an example of what is known as [“yarn bombing”](#) the covering of fixed objects with knitting or yarn. The objects can be either natural or man-made. The practice started in the US. But now can be seen worldwide.

Here is another example from Diamond Creek.



A reminder of a ride for Banyule BUG cyclists (and friends) planned for May 10. The ride is a car/bike affair with the ride from Yea to Trawool and back. This is all on cycling trails with the trail traversing a beautiful valley. Details shortly from Gordon Bettenay.



## World Bicycle Day



Put a velodrome shaped circle around 3 June in your calendar – it's now World Bicycle Day, thanks to a United Nations (UN) declaration.

Now I know that many cyclists are avid readers of UN resolutions and daily scour the Internet in search of the latest deliberations from that august world body. To save you the time. Here is the direct link to the full resolution.

[UN – Resolution world bicycle day](#)

.... that's all folks and as always, send your contributions to Allan Garbutt [allang@bigpond.net.au](mailto:allang@bigpond.net.au)